

SPA MENU  
meriton  
•spa



Close your eyes  
This is a magical moment  
Feel it

STEP 1

CHOOSE YOUR **MESSAGE**

**BY LIGNE ST. BARTH**

Relax body massage with the most delicate tropical oils of the Caribbean islands, performed with slow, gentle movements that completely relax the whole body.

**BY ANNE SEMONIN**

A personalized massage to restore vital energy, combining traditional techniques with long, flowing, swirling movements.

**BY ELEMIS**

A gentle yet deep massage helps to effectively target muscles for optimal tension release.

**BY LA SULTANE DE SABA**

Oriental massage to restore internal balance, reduce swelling, heaviness and fatigue throughout the body.

**60 MIN**

**RUB 7500**

**90 MIN**

**RUB 9500**

**120 MIN**

**RUB 12000**

The massage will be performed using the brand's signature spa technique or can be adjusted at your request.

You can choose the aroma of massage oil, based on your own preferences and skin needs.

### **MORE THAN MASSAGE**

#### **Relax massage with shells CHILL OUT LIGNE ST. BARTH**

The massage is carried out with hot shells of Aphrodite using dry Premium oil with scents of vanilla, white musk and Caribbean jasmine. The shells are filled with sea water and volcanic pumice, this compound triggers natural processes that heat the shells. Gentle movements and the feeling of constant warmth provide complete relaxation of the body and perfectly relieve tension.

**90 MIN**

**RUB 13800**

#### **Hot bag massage WINE THERAPY ANNE SEMONIN**

Massage with using hot bags filled with crushed red grape seeds, which saturate the skin with herbal extracts. Hot bags are filled with warm oil, which you choose at the beginning of the treatment. Combining the warmth, properties of red grapes and essential oils, this gentle, relaxing massage helps release tension and flushes toxins from the body.

**75 MIN**

**RUB 12600**

#### **Hot stone massage VOLCANIC HOT STONES BY ELEMIS**

Massage with heated basalt stones by ELEMIS oil, which you choose at the beginning of the treatment. The warmth of the stones giving a feeling of complete relaxation, gradually warms up the body, relieves muscle spasms and tension.

**90 MIN**

**RUB 10800**

#### **Aromatic massage with a warm candle BY LA SULTANE DE SABA**

The most delicate and aromatic spa massage. The candle turns into warm and fragrant oil as it burns. The oil gently "lays down" on the skin, nourishing and moisturizing it. The skin becomes soft, velvety, perfectly smooth and nourished with inviting oriental aromas.

**90 MIN**

**RUB 11800**

## STEP 2

## CHOOSE YOUR **SCRUB**

### **Relaxing body peeling LIGNE ST. BARTH**

Relaxing peeling massage. Fruit enzymes from a delicate papaya mousse and fine Caribbean sand remove dead skin cells, while coconut oil provides intensive care and nourishes the skin with precious nutrients. Ideal preparation for an even and long-lasting tan.

### **Peeling based on sea salt and oils ANNE SEMONIN**

Signature salt peeling based on sea salt from the Noirmoutier region perfectly removes dead skin cells, promoting renewal and replenishing the energy balance, while nourishing oils smooth and soften it to perfection.

### **Exotic salt peeling ELEMIS**

A delicately scented salt peeling gently exfoliates dead skin cells from the skin's surface, stimulating the regeneration of new cells. Optimally prepares the skin for the deepest penetration of nourishing oils. The skin becomes perfectly smooth and soft. Choose the refreshing scent of Lime-Ginger or the sensual scent of Frangipani flowers and indulge in an exotic salt peeling.

### **Oriental peeling LA SULTANE DE SABA**

Delicate exfoliation with a peeling based on natural essences awakens the glow of the skin, filling it with a delicate scent. Sugar or salt gommage - the choice is based on the needs of your skin.

**50 MIN**

**RUB 7900**

**30 MIN**

**RUB 6500\***

\* Peeling is available only as an option to the massage

## **IF YOU WANT MORE THAN SCRUB**

### **Detox peeling ANNE SEMONIN**

This golden detox body scrub is uniquely formulated with Bora Bora White Sand & Sea Salt & Cherry Extract, Vitamin E and White Hibiscus. The scrub's powerful antioxidant, warming and nourishing properties help remove waste and toxins, leaving the skin with a subtle radiance and subtle citrus scent.

**45 MIN**

**RUB 8800**

### **LA SULTANE DE SABA gant de kessa. Black Soap & Gant de Kessa**

A tandem of two bestsellers for deep cleansing of the skin. Moroccan black soap with argan oil in combination with hypoallergenic Kessa perfectly cleanse the skin of dead epidermal cells and enhance microcirculation. As a result of exquisite care, the skin is soft and velvety. After completing the treatment, you can take Kessa with you.

**60 MIN**

**RUB 9500**

**STEP 3**

**CHOOSE YOUR WRAPPING**

## LIGNE ST. BARTH

### Body wrap based on pink or green clay with delicate fruit mousse

A refreshing body wrap with a prolonged moisturizing effect and intensive skin regeneration thanks to precious minerals and vitamins. It activates metabolic processes, removes toxins, provides a lifting effect.

## ANNE SEMONIN

### Spirulina algae wrap

A green algae and kelp mask is used as a wrap. It is rich in iodine and active marine elements, promotes the elimination of toxins, cleanses and nourishes the skin well, restores the mineral balance, tightens and improves skin texture.

## LA SULTANE DE SABA

### Rassoul Warming Mineral Wrap

Rasoul mask, rich in minerals, has absorbing and degreasing properties, gently cleanses the skin, nourishing and moisturizing it. While you are enjoying the wrap, a facial massage will give you an unforgettable feeling of deep relaxation.

## ELEMIS

### Detox body wrap "Thousand flowers" By Elemis

Aromatic, deeply cleansing and enriched with natural nutrients, the wrapping procedure stimulates the elimination of toxins, has a pronounced lymphatic drainage effect and promotes healing of the body skin, leaving on the skin an exquisite, velvety-elegant aroma.

55 MIN

RUB 9800

30 MIN

RUB 8400\*

\* The treatment is available only as an option to the main service (massage and / or peeling)

## MORE THAN WRAPPING



### **Lifting massage with local wrap "Seaweed" BY ELEMIS**

A duo of active massage and body wrap. The treatment uses a local algal wrap with detox and tonic lifting effects and massage with an impact on problem areas. A cooling alginate mask rich in super detox caffeine and green clay is applied to problem areas. Red algae tighten the skin in areas of reduced tone. Clinically proven to minimize the appearance of cellulite after the first treatment

**90 MIN**

**RUB 13900**

### **Contouring Perfection Modeling Treatment BY ANNE SEMONIN**

Three-phase treatment for problem areas. Deep cleansing, cryotherapy, anti-cellulite massage and a firming mask, which contains ingredients from brown and red algae, contribute to a noticeable improvement in skin texture, modeling the contour of the legs and buttocks.

**120 MIN**

**RUB 15900**

**ENHANCE YOUR FACIAL** with a unique collection of Spa treatments for facial skin care, combining premium spa care cosmetics with effective massage techniques. The combination of amazing massage, high quality ingredients and a holistic approach means that each treatment is individual, a beauty recipe tailored to the needs of your skin.

**BY ANNE SEMONIN**

The Anne Semonin collection is an amazing fusion of aromatic essential oils, oligoelements and marine ingredients with a touch of French charm and a holistic approach.

60 MIN            EXPRESS 30 MIN  
RUB 9800        RUB 6900

**BY ELEMIS**

A distinctive feature of each treatment is the presence of a clearly structured solution for each beauty task. Skin beauty at the intersection of science and nature.

60 MIN            EXPRESS 30 MIN  
RUB 8800        RUB 6000

**Microlifting (microcurrents) by Elemis**

40 MIN  
RUB 6000

**Ultrasonic cleaning by Elemis**

40 MIN  
RUB 4500

**Cosmetic facial massage**

40 MIN  
RUB 4500

**EXCLUSIVE BEAUTY RECIPE FOR FACE**

### **Pearl veil BY ANNE SEMONIN**

The treatment is ideal for preparing for a gala event. The combination of signature massages for each of the zones and a unique firming mask helps to restore the oval of the face, makes the skin smooth and velvety, evens skin tone and gives it a shimmering glow.

**90 MIN**

**RUB 14500**

### **Cryo-care True transformation BY ANNE SEMONIN**

The unique cryo-treatment includes a combination of treatments, signature massage and firming cryo-therapy, resulting in an instant rejuvenating lifting effect.

**90 MIN**

**RUB 13900**

### **Correction of wrinkles. Remodeling. Restoration of radiance BY ELEMIS**

Effective anti-age care against visible signs of age-related changes. Special techniques of lymphatic drainage massage from scalp to décolleté, create an intense effect of sculpting, lifting and rejuvenation.

**80 MIN**

**RUB 10800**

### **ELEMIS Men IQ - thoughtful approach to male attractiveness**

Designed for men, this intensive face and neck treatment includes cleansing, exfoliation, face and neck massage, a purifying mask and a final skin-type treatment.

**60 MIN**

**RUB 8800**



SOMETHING SPECIAL

SOMETHING SPECIAL

[Body massage & Face care]

**Haute Couture Touch BY ELEMIS**

Signature, comprehensive care that includes the exclusive ELEMIS TOUCH massage techniques with the perfect combination of facials that are tailored to the characteristics and needs of your skin.

**La formule beauté BY ANNE SEMONIN**

The perfect combination: massage helps relieve stress and promote relaxation, while facials tailored to your individual skin needs help restore a healthy glow.

**Elixir of Beauty BY LIGNE ST. BARTH**

SPA-treatment for face and body using dry “Premium” avocado oil from Ligne ST Barth. A unique combination of relaxing body massage and facial chiromassage provides maximum relaxation, while the exotic seductive scent of the tropical tiare flower will give your care an inimitable aroma sensation.

**90 MIN**

**RUB 15500**

Tandem spa care, which is carried out by two leading SPA residents of MORION SPA - beautician and masseur

**WINE THERAPY**

### **Ritual "Tonus and radiance" based on red grapes BY ANNE SEMONIN**

Rejuvenating SPA treatment will make your skin perfect.

After a natural grape seed scrub, a fragrant anti-age mask is applied to the body.

During its action, you can enjoy a pleasant head massage. The natural antioxidant properties of the mask promote the removal of excess fluid from the body, moisturize the skin, make it soft and silky.

**80 MIN**

**RUB 10500**


### **Unrivald exclusive body care BY ANNE SEMONIN**

Perfect grape-based care is the jewel in the enotherapy collection.

A grape seed scrub and a rejuvenating body wrap will leave your skin wonderfully smooth. The treatment ends with a gentle relaxing bag massage.

**120 MIN**

**RUB 16200**

A glass of wine  will be the perfect end to the miraculous treatments WINE THERAPY

**FOR YOUR SOUL or SPA FOR TWO**

[All In One] Collection of exclusive programs **in SPA Suite Jasmine with HAMMAM**

## SPA JOURNEYS BY LA SULTANE DE SABA

### Journey to India

The mythical beauty of the ritual, the elegance and sensuality of textures aimed at relaxing the mind and body, send you on an exotic journey to the very heart of India with a **relaxing full body massage using Ayurvedic herbal bags**.

### Journey to Taj Palace

An enchanting journey that embodies the magic of Indian, Persian and Arabian body and facial treatments. Plunge into the world of the mystical Arabian night, enjoying the aromas of incense, rose, tart musk and a **relaxing massage using basalt stones** to relieve muscle tension.

### Travel to the islands

An enchanting ritual inspired by the abundance and generosity of the paradisiacal nature of the islands of French Polynesia. A **hot shell massage relaxes muscles**, relieves tension and immerses you in a state of lightness.

### Travel to Malaysia

A special feature of the ritual is the captivating aroma of Champaka jasmine. A unique **relaxing massage using bamboo sticks** that improves blood circulation and has a lymphatic drainage effect.

- Introductory care ritual - relaxing rest and steaming in the hammam
- Gentle cleansing with black soap with eucalyptus
- Steaming in a hammam with an exposition of black soap
- Body peeling with gommage with a heady aroma
- Shea butter warming body mask
- Express facial treatment with an oriental mineral mask, cleanses the skin, restoring its radiance and tone
- Tea ceremony
- Relaxing full body massage
- Final care - deep moisturizing and nourishing the skin with body milk

≈ 150 MIN

RUB 36900 - SPA FOR TWO

RUB 20300 - SPA FOR ONE

## **FOR YOUR SOUL or SPA FOR TWO**

[All In One] Collection of exclusive programs **in SPA Suite Jasmine with HAMMAM**



### Imperial hammam **BY LA SULTANE DE SABA**

*A luxurious ritual of relaxation and gentle care for the body and face with the intoxicating scent of patchouli, amber, vanilla or green tea with ginger*

- Introductory care ritual - relaxing rest and steaming in the hammam
- Gentle cleansing with black soap with eucalyptus
- Steaming in a hammam with an exposition of black soap
- Body peeling using a hypoallergenic Kess mitt, which improves microcirculation and deeply cleanses the skin
- Warming mineral body wrap based on warm rassoul tones and nourishes the skin
- Express facial treatment with an oriental mineral mask, cleanses the skin, restoring its radiance and tone
- Tea ceremony
- Ayurvedic full body massage with body oil scented with green tea and ginger or patchouli, amber and vanilla
- Final care - application of moisturizing milk with a scent of your choice

≈ 150 MIN

RUB 38800 - SPA FOR TWO

RUB 21800 - SPA FOR ONE

### **FOR YOUR SOUL or SPA FOR TWO**

[All In One] Collection of exclusive programs in **SPA Suite Frangipani with DREAM BATH**

### **Lorian beach BY LIGNE ST. BARTH**

*Move to the white-washed Lorian Beach, with stunning views of the reef and small fishing boats. The spirit of freedom and pleasure, the freshness of the ocean and airy lightness. Precious moments together, the salty taste of the sea on the lips and the warmth of gentle sun rays on the skin.*

- Welcome ceremony for the feet
- Introduction before SPA treatment - an individually selected bath with milk and a special aromatic composition of three ingredients: soft shower gel, oil and lotion of your choice
- A fragrant peel consisting of fruit mousse, fine sand from the Caribbean coast and rich coconut oil
- A noble wrap with precious oils from the Caribbean coast, followed by a relaxing full body massage
- Tea ceremony

≈ 150 MIN

RUB 29600 - SPA FOR TWO

RUB 17400 - SPA FOR ONE

### **Flemings Beach BY LIGNE ST. BARTH**

*Find yourself on a beach with white sand and verdant palm trees. There are strong waves here, swimming in them is dangerous and scary, but you can admire the beauty and power with which they break against the coastal stones.*

- Welcome ceremony for the feet
- Introduction before SPA treatment - an individually selected bath with milk and a special aromatic composition of three ingredients: soft shower gel, oil and lotion of your choice
- A fragrant peel consisting of fruit mousse, fine sand from the Caribbean coast and rich coconut oil
- Luxurious full body massage using the most precious oils and aromatic lotions Ligne St. Barth of your choice
- A complex treatment for the face and décolleté, aimed at lifting and nourishing, accompanied by the application of products based on aromatic tropical flowers and fruits
- Tea ceremony

≈ 200 MIN

RUB 38000 - SPA FOR TWO

RUB 21500 - SPA FOR ONE

### **FOR YOUR SOUL or SPA FOR TWO**

[All In One] Collection of exclusive programs in **SPA Suite Frangipani with DREAM BATH**

### **Timeless beauty BY ANNE SEMONIN**

With the beginning of the signature touch from Anne Semonin, you will find yourself in a state of harmony and inner peace.

- Introductory ritual of care - an individually selected bath with body milk with herbal extracts and oils of your choice
- Exfoliate the body with a pearl veil scrub containing sea salt, white sand from Bora Bora, cherry extract, vitamin E and white hibiscus
- A mask of green kelp algae, rich in iodine and active marine elements, promotes the elimination of toxins, cleanses and nourishes the skin well
- Luxurious facial treatment that includes cleansing the skin with an exfoliating mask followed by a deeply cleansing and hydrating mineral mask
- Relaxing body massage using warm exclusive Anne Semonin oil of your choice
- Signature lymphatic drainage facial massage
- Tea ceremony

≈ 200 MIN

RUB 42000 - SPA FOR TWO

RUB 23500 - SPA FOR ONE

### **Weekend in Provence BY ANNE SEMONIN**

Feel the delicate touch of Anne Semonin's care products to bring you into a state of harmony and inner peace.

- Introductory ritual of care - an individually selected bath with body milk with herbal extracts and oils of your choice
- Peeling wrap with sea salt from the Noirmoutier region will deeply cleanse the skin, while softening and nourishing it
- Luxurious facial treatment that includes cleansing the skin with an exfoliating mask followed by a deeply cleansing and hydrating mineral mask
- Relaxing body massage using warm exclusive Anne Semonin oil of your choice
- Signature lymphatic drainage facial massage
- Tea ceremony

≈ 200 MIN

RUB 31600 - SPA FOR TWO

RUB 18200 - SPA FOR ONE



VOYAGE BALINAIS

**In BALI**

### **Traditional BALINESE MASSAGE**

Balinese massage combines several of the most ancient Indonesian massage techniques at once, which provide powerful relaxation that oxygenates the skin, muscles and internal organs.

The massage technique includes pressing, patting and rubbing movements of the elbows and the inner surfaces of the palms.

The impact on biologically important points of the body starts the recovery process.

<b>60 MIN</b>	<b>90MIN</b>	<b>120 MIN</b>
<b>RUB 7500</b>	<b>RUB 9500</b>	<b>RUB 12000</b>

### **Balinese FOOT MASSAGE**

Traditional Balinese foot massage is a unique, ancient technique of influencing energy channels through reflex points on the legs that has survived to this day. The massage is the pearl of the collection of Balinese treatments, it will restore the natural flow of energy in the body, as well as relieve stress, relieve fatigue and tension.

**30 MIN**  
**RUB 4500**

### **Balanced HEAD MASSAGE**

An exclusive Balinese head massage technique includes a special relaxation technique that helps to relieve stress and fatigue through a detailed study of biologically active points of the face, head and neck-collar zone. The massage improves blood circulation, relaxes muscles, relieves headaches and insomnia.

**30 MIN**  
**RUB 4500**

### **FOUR hands MASSAGE**

The unique Balinese four-hand body massage has a doubled energetic and health-improving effect. Synchronous movements of two pairs of hands gently and accurately affect every centimeter of the body, working out in detail all muscle groups.

The effectiveness of massage is achieved because some types of impact can be performed only with the simultaneous work of two masters.

**75 MIN**  
**RUB 14400**

## **LA SULTANE DE SABA VOYAGE BALINAIS**

## **INDOCEANE**

Footbath ritual – Tropical Bath Soft - Body Gommage – Aromatic Body Mask –Express Facial – Body Massage

Your journey begins with a welcome ceremony for the feet with exotic oils. Then, you will be enveloped in the tropical atmosphere of a gentle and relaxing bath, which prepares you to exfoliate the body with the application of Lulur-Lotus Gommage made from rice and coconut powder, which will gently cleanse the skin. After showering, we apply a shea butter mask that deeply nourishes the body. While you are enjoying the wrap, a facial massage will give you an unforgettable feeling of deep relaxation. The finishing touch is a Balinese body massage using warm aromatic oil.

≈ 160 MIN

RUB 35200 - SPA FOR TWO

RUB 19800 - SPA FOR ONE

### **SACRED CAVE**

Footbath ritual – Aroma Bath – Exotic Body Wrap – Express Facial Massage— Body Massage

The treatment is designed to awaken and rejuvenate the skin. It simultaneously moisturizes and restores the balance of the body. Relaxation of the body begins with a welcome ceremony for the feet and a steaming in a gentle bath. After the aqua relaxation, a velvet melting balm is applied with massage movements, which will become the basis for a warming and nourishing wrap. In parallel with it, a light express massage of the face and head follows. Balinese massage completes the treatment.

≈ 120 MIN

RUB 29500 - SPA FOR TWO

RUB 16900 - SPA FOR ONE

### **SANTAI**

Footbath ritual – Aroma Bath – Salt Scrub – Body Massage

SPA relaxation begins with a welcome ritual for the feet, after which you can enjoy relaxing in a hot tub infused with sea salt and exotic oils. The next step is deep cleansing of the skin with an exotic salt peeling, which gently exfoliates dead skin cells, stimulating the regeneration of new ones, softens and nourishes the skin. At the end of the treatment, a traditional Balinese massage follows to achieve a state of ultimate relaxation.

≈ 120 MIN

RUB 25500 - SPA FOR TWO

RUB 14900 - SPA FOR ONE

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